



SUCCESS AT ANY AGE

How to Keep Your Life Force Strong and Your Purpose High in Later Years

~ Louise Dunn ~

“Fulfillment comes from touching people with your light, not from retirement.”

~ Dr. John DeMartini ~

Success is a state of mind, not a destination point. It is an on-going agreement with oneself to live from the highest thoughts and biggest dreams within one's mind and heart. Success doesn't have to stop when a career comes to an end or when an income source is terminated. And because it is an inner job first, success can be reached at any time in life, even to the end of our days.

Too many people find themselves on the high side of 50 without a clear vision of how they will continue to give their gifts and talents, earn necessary income, or feel connected in life if their job should end or they are forced into “retirement.” They have perhaps put all their sense of worth into a career and then feel lost when it comes to an end.

Success comes from knowing who we are as unique individuals and why we matter. It is not so much what we do for income, what we achieve, or what we are able to accumulate. It is more about how we show up each day in the world and what we are willing to give to make this a better place for ourselves and others.

Success at any age comes from a clear sense of

- Purpose or mission
- Inner joy and peace
- Connection to others
- Belonging in community
- Making a contribution

Successful people are full of love; they love who they are and what they do, every day. There is no time limit or expiration date on love, and no age restriction on giving and receiving it. People who continually look for new ways to express their care and share their wisdom are just naturally alive; they have a reason to keep going because they are involved in bringing more light and hope to others.

Success is a full-engagement experience. It is not created by merely observing life from the sidelines but by staying as aware of and devoted to one's own journey as possible. It is not for whiners or complainers. To be successful means staying committed to and taking full responsibility for one's own happiness, growth, and wellbeing. Success can be yours as you decide to claim it, no matter how old you are.



Ten ways to be a success as the years go by

1. Assume that your life's mission doesn't end until you take your last breath.
2. Keep learning; keep pushing the edge on something new.
3. Pay attention to what your heart still calls you to be, do, or give in this world.
4. Look for innovative ways to use the wisdom, skills, insights and experience you have gathered in throughout your life to help others.
5. Stay curious about the world around you and open to change.
6. Involve yourself in things that excite, motivate, and interest you every day.
7. Be willing to *adjust* and not *give up* your dreams and goals as your life circumstances change.
8. Find a way to serve, to give back, to pay it forward or to make a difference in your circle of influence.
9. Try easier. Decide to have more fun and be more spontaneous.
10. Trust the Good in your life; look for it everywhere, embrace it completely, and share it most generously.

Take Action Now!

Here are five powerful ways to invite greater success into your life:

- Keep your mind focused. Check out the resources at the [Great Reading](#) page at www.louisedunn.com.
- Hire a coach to help you zero in on your life vision, clarify your options, make significant decisions, and take purposeful actions that can lead you to sustainable, happy success. [Contact](#) me today.
- Listen to my weekly [Podcast](#) for leading edge ideas and inspiration about success.
- Check out The Soul's Compass, a free course to help you find your purpose and love your life.
- Share your dreams at www.DreamToTheLastDay.com; become part of a community of dreamers and movers on the planet.