

Evolutionary Spirituality encompasses all ideas, teachings and practices that promote accelerated growth into ever-expanding Self-love, awareness, worth and empowerment.

- *Awareness of Self as a vessel and channel of incomprehensible joy.*
- *Awareness of Self as an individualized expression of God Light.*
- *Awareness of Self as a powerful creator of new realities, with the ability to manifest dreams and desires at the speed of thought.*
- *Awareness of Self as a worthy and important participant in humanity's evolving story.*
- *Awareness of Self as a microcosm within the whole life energy of the cosmos.*

Evolutionary Spirituality is fluid and non-dogmatic. It moves the curious and open-minded seeker into what social psychologist Diarmuid O'Murchu calls "***An enlarged inner sense of the sacred.***"

This inward transforming discovery happens simultaneously with an awed realization of oneself as a multidimensional being, connected inexplicably to all creation.

The positive effects of applied Evolutionary Spirituality on our life, while ultimately incalculable, are almost immediately noticeable. They include:

- A deep sense of unshakable inner peace.
- An ever-renewing zest for life and a passion to realize one's purpose.
- Love-infused happiness and contentment that is not dependent on material objects, accomplishments, or pleasurable experiences.
- A heightened appreciation for every aspect of human life, its beauty and pathos alike.
- The desire to continually activate higher frequencies of life within oneself for the dual purpose of one's own growth and to be of greater service in the world.